

MENDO BARI
(Turkey)

Mendo Bari is a dance from Artvin, a region in northeastern Turkey. It is very typical of many Artvin dances which change tempos. Ercüment Kiliç learned this dance while a member of the Turkish National Ensemble in 1977. He introduced Mendo Bari for the first time in the United States in St. Louis, Missouri, June, 1981.

Pronunciation:

Record: Hindi 004; Turkic 201. both tempos 4/4 meter

Formation: Mixed lines; face ctr; hands joined.

Styling: Sharp and crisp staccato movements.

Meas

Pattern

Figure 1 (Walking) (Each step in this fig has a fwd "bicycle" motion of the leg)

- 1 Step R, turning to face LOD (ct 1); step fwd L (ct 2); step fwd R (ct 3); brush L ft back on R side of R ft (ct 4). All of meas 1 is done leaning fwd from the waist.
- 2 Step L, turning to face ctr, straightening body and raising arms fairly high above shldr level (ct 1); step R in place (ct 2); step L in place (ct 3); brush R back on L side of L ft (ct 4).
- 3-12 Repeat meas 1-2 five more times.

Figure 2 (Two-Steps) (Facing LOD, hands down)

- 1 Running two-step, beg with R (R,L,R) (cts 1,&,2); running two-step beg with L (L,R,L) (cts 3,&,4).
- 2 Jump on both ft, wt on R (ct 1); hop on R, kicking L ft fwd (ct 2); hop on R, touching L toe across R ft (ct 3); hop on R, kicking L fwd, turning 1/4 to L (ct 4).
- 3 Step L,R,L scissors, facing ctr, arms up (cts 1,&,2); R,L,R scissors facing ctr, arms up (cts 3,&,4).
- 4 L,R,L scissors (cts 1,&,2); hop on L, touch R toe across L ft (ct 3); hop on L, lifting R (ct 4).

Figure 3 (Two-Steps with Squats)

- 1 Running two-step R,L,R (cts 1,&,2); running two-step L,R,L (cts 3,&,4).
- 2 Squat facing LOD, knees together (ct 1); resuming upright pos, hop on R kicking L (ct 2); hop on R, touching L across R ft (ct 3); hop on R, kicking L, turning 1/4 to L (L kick is twd ctr) (ct 4).
- 3-4 Repeat meas 3-4 of Fig 2.
- 5-8 Repeat meas 1-4 of Fig 3.

Dance repeats from the beginning once more.

Presented by Ercüment Kiliç